

*Responding to Inmate on  
Inmate Sexual Violence*

*March 11-16, 2007*

**HUMAN SEXUALITY**

James Radford

NIC/WCL Project on Addressing Prison Rape

# Objectives

- Define and understand sex, gender and sexuality
- Define male sexuality
- Define female sexuality
- Understand attitudes about sex and sexuality
- Identify tools for discussing sexuality

# Defining Human Sexuality

- Sex
  - Biology and Anatomy
    - external sex organs, internal sex organs, and secondary sexual development at puberty
- Gender
  - The set of qualities and behaviors expected from a female or male by society
    - learned and can be affected by factors such as education or economics.
    - vary widely within and among cultures
    - socially determined and can evolve over time

# Defining Human Sexuality Cont'

- Sexuality
  - The interplay of physical, psychological, social, emotional, and spiritual makeup of an individual
    - encompasses gender, gender role, gender identity, sexual orientation, sexual preference, and social norms as they affect physical, emotional, and spiritual life
    - defined by sexual thoughts, desires and longings, erotic fantasies, turn-ons and experiences
- The act of sex
  - Any form of insertive sexual behavior, including oral sex, anal sex, intercourse or all of these behaviors

# Defining Sex

- Men

- Testicle
- Scrotum
- Vas Deferens

- Women

- Breasts
- Clitoris
- Vagina
- Fallopian Tubes
- Ovaries
- Labia

# Gender Terminology

## ■ Sexual Orientation

- The desire for intimate emotional and sexual relationships with people of the same sex (homosexual), the other sex (heterosexual), or both sexes (bisexual).

## ■ Gender Identity

- A person's sense of being male or female.

## ■ Homosexual

- A person primarily emotionally, physically, and/or sexually attracted to members of the same sex (Gay man/lesbian)

## ■ Bisexual

- A person primarily emotionally, physically, and/or sexually attracted to members of the same, as well as the opposite, sex.

## ■ Heterosexual

- A person primarily emotionally, physically, and/or sexually attracted to members of the opposite sex.

# Gender Terminology Cont'

## ■ **Transgender**

- Transsexuals, transvestites, cross-dressers, or anyone who tends to blur traditional gender boundaries.

## ■ **Transsexual**

- a person who strongly identifies with the opposite gender, usually includes a desire to actually be the opposite sex. Most often refers to a person who has had a sex change operation.

## ■ **Transvestite**

- Someone who derives sexual pleasure from dressing in clothing generally identified with the opposite sex. While the terms homosexual and transvestite have been used synonymously, they are in fact two different terms. The majority of transvestites are heterosexuals. Cross-dressing that does not include any sexual charge is usually referred to as DRAG.

## ■ **Queer**

- Originally a derogatory label used to refer to lesbian and gay people or to intimidate and offend heterosexuals. More recently this term has been reclaimed by some lesbians, gay men, bisexual people, and transgender people as an inclusive and positive way to identify all people targeted by heterosexism and homophobia.

# Male Sexuality

- The general perception is: Sexuality is easily detached from emotional feelings
- Society stereotyping and influence on behavior
- Often engage in homosexual acts but do not define as bisexual
- Showing any emotion is a form of weakness
- Homosexual vs. heterosexual

# Female Sexuality

- The general perception is: Physical intimacy is often connected to emotional intimacy
- Sexuality is linked to attraction and feelings of love
- More likely than men to be admit to bisexual feelings
- Perception of need for intimacy

# Defining the Act of Sex

- Sexual Intercourse
- Anal Sex
- Oral Sex
- Foreplay
- Masturbation

# Attitudes About Sex: The Generational Approach

- Silent Generation
  - No sex before marriage
  - Intercourse is the only sex
  - Sex is for procreation
- Baby Boomers
  - Sex, drugs and Rock and Roll
    - Free love
    - Hippies
  - Vietnam era of protest
- Gen X and/or Y
  - Divorce as the norm with single parent homes
  - Multiple partners
  - Experimentation is accepted and expected
  - Introduction to "homo-sex" as acceptable
  - Oral/ Anal sex is not sex

# Attitudes About Sex: The Cultural Approach

- Race
  - African American
  - Hispanic
  - Caucasian
  - Asian
  - Native American
- Religion and Ethnicity
  - Catholic
  - Jewish
  - Hindu
  - Muslim
  - Islam

WHY IS THIS IMPORTANT?

# Tools for Discussing Sexuality

- Culture Assessment
  - Know thy self
- Language
  - Know the appropriate terminology for your audience
- Media
  - Use popular culture to represent healthy and non-healthy representations of sexuality

# Discussing Sexuality: Know Thy Self

- What are your mores?
- What are your values?
- What is consensual sex?
- What is rape?
- What is healthy sexuality?
- What do you think is normative behavior?

# Discussing Sexuality: The Language of Sex

- Use terms your audience will understand
  - Fellatio
    - Blow job
    - Tea Bagging
    - Giving Head
    - Capping
  - Cunnilingus
    - Toss Salad
    - Carpet Munching
    - Skull
    - Ride Head
  - Anal Sex
    - Fudge packing
    - Pillow biting
    - Doggie style
    - Break the back door
    - Ride

# Discussing Sexuality: The Language of Sex Cont'

- Intercourse
  - Screw
  - Sex
  - F\* & ^ing
  - Hit it
  - Smash
  - Crush
  - Tear it up
- Masturbation
  - Fingering
  - Hand job
  - Jerking off

# Discussing Sexuality: Using Popular Media

## ■ Music

- Ludacris – What's Your Fantasy
- Nine Inch Nails – Closer
- Nine Inch Nails- I want to F&%^ You Like an Animal
- Nelly – Hot In Herre
- Salt-N-Pepa – Let's Talk About Sex
- Nirvana – Rape Me
- Sublime – Date Rape
- Sevendust – Face
- Missy Elliot – Get Ur Freak On
- TLC – Creep

# Discussing Sexuality: Using Popular Media Cont'

- Movies
  - Let's Go To Prison
  - Lockup
  - The Accused
  - Dead Man Walking
  - A Clockwork Orange
  - Trans America
  - Shawshank Redemption
  - Mystic River
  - Prison Song
  - American History X
  - Locked Up
  - Lock Down
  - Cruel & Unusual
  - Chicago

# Discussing Sexuality: Using Popular Media Cont'

## ■ Television

- MSNBC– Lockup Series
- HBO- Oz
- Showtime- I Coulda' Been Your Cell Mate by Mo'Nique
- National Geographic- Lock Down Series

# The "SO WHAT"

- Why is it important that understand the differences between sex, gender and sexuality?
- Why is it important people understand female/ male sexuality
- Why is it important that people understand attitudes about sex
- Recap the tools available