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Serial Number: 78416219 [Assignment Information](#) [Trademark Document Retrieval](#)

Registration Number: 3044799

Mark



(words only): [HELP-YOUR-SELF, INC. ACCESS LIFE WITH A BIT OF HELP!](#)

Standard Character claim: [No](#)

Current Status: [Registered](#).

Date of Status: [2006-01-17](#)

Filing Date: [2004-05-10](#)

Transformed into a National Application: [No](#)

Registration Date: [2006-01-17](#)

Register: [Principal](#)

Law Office Assigned: [LAW OFFICE 116](#)

If you are the applicant or applicant's attorney and have questions about this file, please contact the Trademark Assistance Center at [TrademarkAssistanceCenter@uspto.gov](mailto:TrademarkAssistanceCenter@uspto.gov)

Current Location: [650 -Publication And Issue Section](#)

Date In Location: [2006-01-17](#)

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**LAST APPLICANT(S)/OWNER(S) OF RECORD**

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## 1. Help-Your-Self, Inc.

**Address:**

Help-Your-Self, Inc.  
4819 Hutchins Place, NW  
Washington, DC 20007  
United States

**Legal Entity Type:** Corporation**State or Country of Incorporation:** D.C.**Phone Number:** 202-333-0262**Fax Number:** 309-431-1265

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### GOODS AND/OR SERVICES

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**International Class:** 045**Class Status:** Active

Customized, personal counseling services offered by a nonprofit organization to people with disabilities wanting to live independently and to individuals wanting to assimilate the disabled into their workplace and/or community

**Basis:** 1(a)**First Use Date:** 2003-01-09**First Use in Commerce Date:** 2003-01-09

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### ADDITIONAL INFORMATION

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**Color(s) Claimed:** The color(s) yellow and blue is/are claimed as a feature of the mark.**Description of Mark and Any Color Part(s):** The mark consists of Half of a yellow sun at the end of a blue outline of a road in front of a man in a wheel chair. The color blue appears in the wording "Help-Your-Self, Inc., Access life with a bit of help!", the road design, and the international symbol of access for the handicapped; and the color yellow appears in the sun design, located above the blue text and designs of the mark.**Disclaimer:** "the international symbol of access for the handicapped" and "INC".**Design Search Code(s):****01.05.01** - Sun, rising or setting (partially exposed or partially obstructed); Sunrise**02.01.33** - Grotesque men formed by letters, numbers, punctuation or geometric shapes; Stick figures**07.11.11** - Highways without lines or dividers; Roads without lines or dividers; Streets without lines or dividers; intersections (roads) without lines or dividers**10.07.03** - Wheel chairs**24.17.25** - Biohazard symbol; Degree sign (°); Equal sign (=); Greater than symbol > (mathematical); Handicapped symbol; Hazardous materials symbol; Less than symbol < (mathematical); Pound sign (#)

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**MADRID PROTOCOL INFORMATION**

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(NOT AVAILABLE)

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**PROSECUTION HISTORY**

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**NOTE: To view any document referenced below, click on the link to "Trademark Document Retrieval" shown near the top of this page.**

[2006-01-17 - Registered - Principal Register](#)

[2005-10-25 - Published for opposition](#)

[2005-10-05 - Notice of publication](#)

[2005-09-08 - Withdrawn From Pub - Tqr/Non-Atty Request](#)

[2005-06-22 - Law Office Publication Review Completed](#)

[2005-06-17 - Assigned To LIE](#)

[2005-06-15 - Examiner's amendment mailed](#)

[2005-06-14 - Approved for Pub - Principal Register \(Initial exam\)](#)

[2005-06-14 - Examiners Amendment -Written](#)

[2005-06-02 - Amendment From Applicant Entered](#)

[2005-05-23 - Communication received from applicant](#)

[2005-05-23 - PAPER RECEIVED](#)

[2004-12-13 - Non-final action mailed](#)

[2004-12-13 - Non-Final Action Written](#)

[2004-12-08 - Assigned To Examiner](#)

[2004-05-18 - New Application Entered In Tram](#)

---

**ATTORNEY/CORRESPONDENT INFORMATION**

---

**Attorney of Record**  
[Victoria Phillips, Esq.](#)

**Correspondent**

Victoria Phillips, Esq.  
Glushko-Samuelson Intellectual Property  
Rm 417  
4801 Massachusetts Ave., NW  
Washington, DC 20816  
Phone Number: 202-274-4148  
Fax Number: 202-274-0659

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United States Patent and Trademark Office

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**Word Mark** HELP-YOUR-SELF, INC. ACCESS LIFE WITH A BIT OF HELP!

**Goods and Services** IC 045. US 100 101. G & S: Customized, personal counseling services offered by a nonprofit organization to people with disabilities wanting to live independently and to individuals wanting to assimilate the disabled into their workplace and/or community. FIRST USE: 20030109. FIRST USE IN COMMERCE: 20030109

**Mark Drawing Code** (3) DESIGN PLUS WORDS, LETTERS, AND/OR NUMBERS

**Design Search Code**  
 01.05.01 - Sun, rising or setting (partially exposed or partially obstructed); Sunrise  
 02.01.33 - Grotesque men formed by letters, numbers, punctuation or geometric shapes; Stick figures  
 07.11.11 - Highways without lines or dividers; intersections (roads) without lines or dividers; Roads without lines or dividers; Streets without lines or dividers  
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 24.17.25 - Biohazard symbol; Degree sign (°); Equal sign (=); Greater than symbol > (mathematical); Handicapped symbol; Hazardous materials symbol; Less than symbol < (mathematical); Pound sign (#)

**Serial Number** 78416219

**Filing Date** May 10, 2004

**Current Filing Basis** 1A

**Original Filing Basis** 1A

**Published for Opposition** October 25, 2005

**Registration Number** 3044799

**Registration Date** January 17, 2006

**Owner** (REGISTRANT) **Help-Your-Self, Inc.** CORPORATION D.C. 4819 Hutchins Place, NW Washington D.C. 20007

**Attorney of Record** **Victoria Phillips, Esq.**

**Disclaimer** NO CLAIM IS MADE TO THE EXCLUSIVE RIGHT TO USE "the international symbol of access for the handicapped" and "INC". APART FROM THE MARK AS SHOWN

**Description of Mark** The color(s) yellow and blue is/are claimed as a feature of the mark. The mark consists of Half of a yellow sun at the end of a blue outline of a road in front of a man in a wheel chair. The color blue appears in the wording "**Help-Your-Self, Inc.**, Access life with a bit of help!", the road design, and the international symbol of access for the handicapped; and the color yellow appears in the sun design, located above the blue text and designs of the mark.

**Type of Mark** SERVICE MARK

**Register** PRINCIPAL

**Live/Dead Indicator** LIVE

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## Trademark/Service Mark Application, Principal Register

**Serial Number: 78416219**  
**Filing Date: 05/10/2004**

**The table below presents the data as entered.**

Input Field	Entered
<b>MARK SECTION</b>	
MARK FILE NAME	\\ticters\EXPORT9\IMAGEOUT9\784\162\78416219\xml1\AP P0002.JPG
STANDARD CHARACTERS	NO
USPTO-GENERATED IMAGE	NO
LITERAL ELEMENT	Help-Your-Self, Inc., Access life with a bit of help!
COLOR MARK	NO
DESCRIPTION OF THE MARK (and Color Location, if applicable)	The mark consists of Half of a yellow sun at the end of a blue outline of a road in front of a man in a wheel chair.
PIXEL COUNT ACCEPTABLE	YES
PIXEL COUNT	560 x 544
<b>OWNER SECTION</b>	
NAME	Help-Your-Self, Inc.
STREET	4819 Hutchins Place, NW
CITY	Washington
STATE	DC
ZIP/POSTAL CODE	20007
COUNTRY	USA
PHONE	202-333-0262
FAX	309-431-1265
AUTHORIZED EMAIL COMMUNICATION	No
<b>LEGAL ENTITY SECTION</b>	
TYPE	CORPORATION
STATE/COUNTRY OF INCORPORATION	Washington, DC
<b>GOODS AND/OR SERVICES SECTION</b>	
DESCRIPTION	Organization dedicated to enhancing accessibility for people with disabilities. Providing social and personal services to help people with disabilities help themselves, become self-sufficient, lead productive lives, and improve the life-style of their choice. Providing tools and services to enable community integration, eliminate barriers thereby reducing handicaps and educating to prevent injuries.

FILING BASIS	Section 1(a)
FIRST USE ANYWHERE DATE	At least as early as 01/09/2003
FIRST USE IN COMMERCE DATE	At least as early as 01/09/2003
SPECIMEN FILE NAME(S)	\\tigrs\EXPORT9\IMAGEOUT9\784\162\78416219\xml1\AP P0003.JPG
	\\tigrs\EXPORT9\IMAGEOUT9\784\162\78416219\xml1\AP P0004.JPG
SPECIMEN DESCRIPTION	scanned brochure of company's services
<b>SIGNATURE SECTION</b>	
SIGNATURE	/victoria phillips/
SIGNATORY NAME	Victoria Phillips
SIGNATORY DATE	05/10/2004
SIGNATORY POSITION	attorney
<b>PAYMENT SECTION</b>	
NUMBER OF CLASSES	1
NUMBER OF CLASSES PAID	1
SUBTOTAL AMOUNT	335
TOTAL AMOUNT	335
<b>ATTORNEY</b>	
NAME	Victoria Phillips, Esq.
FIRM NAME	Glushko-Samuelson Intellectual Property Clinic
INTERNAL ADDRESS	Rm 417
STREET	4801 Massachusetts Ave., NW
CITY	Washington
STATE	DC
ZIP/POSTAL CODE	20816
COUNTRY	USA
PHONE	202-274-4148
FAX	202-274-0659
AUTHORIZED EMAIL COMMUNICATION	No
<b>CORRESPONDENCE SECTION</b>	
NAME	Victoria Phillips, Esq.
FIRM NAME	Glushko-Samuelson Intellectual Property Clinic
INTERNAL ADDRESS	Rm 417
STREET	4801 Massachusetts Ave., NW
CITY	Washington

STATE	DC
ZIP/POSTAL CODE	20816
COUNTRY	USA
PHONE	202-274-4148
FAX	202-274-0659
AUTHORIZED EMAIL COMMUNICATION	No
<b>FILING INFORMATION</b>	
SUBMIT DATE	Mon May 10 18:27:04 EDT 2004
TEAS STAMP	USPTO/BAS-147914058-20040 510182704853621-78416219- 2003aa62be745e59e496d131b aabef741-CC-489-200405101 82515011860

PTO Form 1478 (Rev 6/2005)

OMB No. 0651-0009 (Exp xx/xx/xxxx)

## Trademark/Service Mark Application, Principal Register

**Serial Number: 78416219**

**Filing Date: 05/10/2004**

### To the Commissioner for Trademarks:

**MARK:** Help-Your-Self, Inc., Access life with a bit of help! (stylized and/or with design, see mark)

The literal element of the mark consists of Help-Your-Self, Inc., Access life with a bit of help!.

The mark consists of Half of a yellow sun at the end of a blue outline of a road in front of a man in a wheel chair.

The applicant, Help-Your-Self, Inc., a corporation of Washington, DC, residing at 4819 Hutchins Place, NW, Washington, DC, USA, 20007, requests registration of the trademark/service mark identified above in the United States Patent and Trademark Office on the Principal Register established by the Act of July 5, 1946 (15 U.S.C. Section 1051 et seq.), as amended.

The applicant, or the applicant's related company or licensee, is using the mark in commerce, and lists below the dates of use by the applicant, or the applicant's related company, licensee, or predecessor in interest, of the mark on or in connection with the identified goods and/or services. 15 U.S.C. Section 1051(a), as amended.

International Class \_\_\_\_\_: Organization dedicated to enhancing accessibility for people with disabilities. Providing social and personal services to help people with disabilities help themselves, become self-sufficient, lead productive lives, and improve the life-style of their choice. Providing tools and services to enable community integration, eliminate barriers thereby reducing handicaps and educating to prevent injuries. In International Class \_\_\_\_\_, the mark was first used at least as early as 01/09/2003, and first used in commerce at least as early as 01/09/2003, and is now in use in such commerce. The applicant is submitting or will submit one specimen for *each class* showing the mark as used in commerce on or in connection with any item in the class of listed goods and/or services, consisting of a(n) scanned brochure of company's services.

Specimen - 1

Specimen - 2

The applicant hereby appoints Victoria Phillips, Esq. of Glushko-Samuelson Intellectual Property Clinic, Rm 417, 4801 Massachusetts Ave., NW, Washington, DC, USA, 20816 to submit this application on behalf of the applicant.

A fee payment in the amount of \$335 will be submitted with the application, representing payment for 1 class(es).

### Declaration

The undersigned, being hereby warned that willful false statements and the like so made are punishable by fine or imprisonment, or both, under 18 U.S.C. Section 1001, and that such willful false statements, and the like, may jeopardize the validity of the application or any resulting registration, declares that he/she is properly authorized to execute this application on behalf of the applicant; he/she believes the applicant to be the owner of the trademark/service mark sought to be registered, or, if the application is being filed under 15 U.S.C. Section 1051(b), he/she believes applicant to be

entitled to use such mark in commerce; to the best of his/her knowledge and belief no other person, firm, corporation, or association has the right to use the mark in commerce, either in the identical form thereof or in such near resemblance thereto as to be likely, when used on or in connection with the goods/services of such other person, to cause confusion, or to cause mistake, or to deceive; and that all statements made of his/her own knowledge are true; and that all statements made on information and belief are believed to be true.

Signature: /victoria phillips/ Date: 05/10/2004

Signatory's Name: Victoria Phillips

Signatory's Position: attorney

Mailing Address:

Victoria Phillips, Esq.

Rm 417

4801 Massachusetts Ave., NW

Washington, DC 20816

RAM Sale Number: 489

RAM Accounting Date: 05/11/2004

Serial Number: 78416219

Internet Transmission Date: Mon May 10 18:27:04 EDT 2004

TEAS Stamp: USPTO/BAS-147914058-20040510182704853621

-78416219-2003aa62be745e59e496d131baabef

741-CC-489-20040510182515011860



# Help-Your-Self inc.



*Access life  
with a bit of help!*

## Products

### Our bi-annual newsletter.

We keep the community up to date on government policies, procedures, and programs; legislation; and innovative technology that enhances the lives of people with disabilities.

### Our Safely-Bright lights.

These flexible, battery-operated strings of lights are bright, colorful, designed to prevent injuries, and are easily mountable on moving devices, such as:

- ◆ Ankles
- ◆ Bicycles
- ◆ Canes
- ◆ Jackets
- ◆ Running shoes
- ◆ Mopeds
- ◆ Scooters
- ◆ Wheelchairs

### Our Personnel Management Manual for Employers with Disabilities and Personal Care Assistants

This publication addresses all your needs regarding finding, hiring/firing, training, communicating, and problem-solving with personal care assistants.

Help-Your-Self, inc. is a non-profit corporation and as such relies on contributions from the community.

Your donation or your volunteered time is greatly appreciated.

Our services and products are priced on a sliding-scale basis.

For more detailed information about the organization and its activities, or to contribute, please contact:

Help-Your-Self, inc.  
4819 Hutchins Place, NW  
Washington, DC 20007  
Phone: (202) 333-0262  
Fax: (309) 431-1265  
[info@help-your-self.com](mailto:info@help-your-self.com)

Erica Nash  
President and CEO

[www.Help-Your-Self.com](http://www.Help-Your-Self.com)  
[www.SafelyBright.com](http://www.SafelyBright.com)



**Accessibility and  
community integration  
consultants dedicated  
to supporting the spirit of  
independent living and  
enabling people with  
disabilities to access the  
best that life can offer.**

## Who We Are

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We are above all committed to helping people help themselves become self-sufficient, lead

productive lives, and improve and maintain the life style of their choice.

We rely on a network of professional and consumer consultants who have years of experience in educating, developing and implementing

programs, policies, and services in support of people with disabilities. We provide tools and services to enable

community integration, eliminate barriers thereby reducing handicaps, and educate to prevent injuries.

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We advise on and help you with:

- ◆ Assisted living
- ◆ Counseling

- ◆ Education opportunities
- ◆ Enabling technologies
- ◆ Financial assistance
- ◆ Government assistance/services
- ◆ Housing options
- ◆ Job search
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- ◆ PCA management and training
- ◆ Service animals
- ◆ Supportive equipment
- ◆ Transportation
- ◆ Traveling options

## For Organizations

Our consulting services are designed for a variety of organizations including government, private industry, medical facilities, public facilities, museums, and any organization wishing to increase its accessibility to people with disabilities.

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Our services include sensitivity training and personnel management training.

Organizations that increase their accessibility will not only be able to confidently hire people with disabilities and benefit from diversifying their staff, but will also notice an increase in their clientele and expand their audience.

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Community integration can only occur if the community is willing to accept and able to understand the problems and needs of people with diverse abilities.

Our network of consultants is available to conduct educational sessions, counseling, or seminars to large or small organizations, government agencies, and family members. Topics include:

- ◆ Advocacy
- ◆ Communication skills
- ◆ Community integration
- ◆ Coping skills
- ◆ Grant reviews
- ◆ Independent living
- ◆ Peer counseling
- ◆ Personnel management
- ◆ Performance review of past, present, and future services
- ◆ Policy analysis
- ◆ Prevention of injuries
- ◆ Sensitivity training



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**No assignment has been recorded at the USPTO**

**For Serial Number: 78416219**

If you have any comments or questions concerning the data displayed, contact PRD / Assignments at 571-272-3350. v.2.0.1  
Web interface last modified: April 20, 2007 v.2.0.1

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# Help-Your-Self inc.



*Access life  
with a bit of help!*



**NOTICE OF PUBLICATION UNDER §12(a)**  
**MAILING DATE: Oct 5, 2005**  
**PUBLICATION DATE: Oct 25, 2005**

The mark identified below will be published in the Official Gazette on Oct 25, 2005. Any party who believes they will be damaged by registration of the mark may oppose its registration by filing an opposition to registration or a request to extend the time to oppose within thirty (30) days from the publication date on this notice. If no opposition is filed within the time specified by law, the USPTO may issue a Certificate of Registration.

To view the Official Gazette online or to order a paper copy, visit the USPTO website at <http://www.uspto.gov/web/trademarks/tmog/> any time within the five-week period after the date of publication. You may also order a printed version from the U.S. Government Printing Office (GPO) at <http://bookstore.gpo.gov> or 202-512-1800. To check the status of your application, go to <http://tarr.uspto.gov/>.

**SERIAL NUMBER: 78416219**  
**MARK: HELP-YOUR-SELF, INC. ACCESS LIFE WITH A ETC.**  
**OWNER: Help-Your-Self, Inc.**

UNITED STATES PATENT AND TRADEMARK OFFICE  
COMMISSIONER FOR TRADEMARKS  
P.O. BOX 1451  
ALEXANDRIA, VA 22313-1451

FIRST-CLASS MAIL  
U.S POSTAGE  
PAID

VICTORIA PHILLIPS ESQ  
AMERICAN UNIVERSITY WASHINGTON COLLEGE O  
4801 MASSACHUSETTS AVE NW RM 417  
GLUSHKO-SAMUELSON INTELLECTUAL PROPERTY  
WASHINGTON, DC 20016

Int. Cl.: 45

Prior U.S. Cls.: 100 and 101

United States Patent and Trademark Office

Reg. No. 3,044,799

Registered Jan. 17, 2006

SERVICE MARK  
PRINCIPAL REGISTER



HELP-YOUR-SELF, INC. (D.C. CORPORATION)  
4819 HUTCHINS PLACE, NW  
WASHINGTON, DC 20007

FOR: CUSTOMIZED, PERSONAL COUNSELING SERVICES OFFERED BY A NONPROFIT ORGANIZATION TO PEOPLE WITH DISABILITIES WANTING TO LIVE INDEPENDENTLY AND TO INDIVIDUALS WANTING TO ASSIMILATE THE DISABLED INTO THEIR WORKPLACE AND/OR COMMUNITY, IN CLASS 45 (U.S. CLS. 100 AND 101).

FIRST USE 1-9-2003; IN COMMERCE 1-9-2003.

NO CLAIM IS MADE TO THE EXCLUSIVE RIGHT TO USE "THE INTERNATIONAL SYMBOL OF ACCESS FOR THE HANDICAPPED" AND "INC"., APART FROM THE MARK AS SHOWN.

THE COLOR(S) YELLOW AND BLUE IS/ARE CLAIMED AS A FEATURE OF THE MARK.

THE MARK CONSISTS OF HALF OF A YELLOW SUN AT THE END OF A BLUE OUTLINE OF A ROAD IN FRONT OF A MAN IN A WHEEL CHAIR. THE COLOR BLUE APPEARS IN THE WORDING "HELP-YOUR-SELF, INC., ACCESS LIFE WITH A BIT OF HELP!", THE ROAD DESIGN, AND THE INTERNATIONAL SYMBOL OF ACCESS FOR THE HANDICAPPED; AND THE COLOR YELLOW APPEARS IN THE SUN DESIGN, LOCATED ABOVE THE BLUE TEXT AND DESIGNS OF THE MARK.

SER. NO. 78-416,219, FILED 5-10-2004.

JENNIFER MARTIN, EXAMINING ATTORNEY

## Products

### Our bi-annual newsletter.

We keep the community up to date on government policies, procedures, and programs; legislation; and innovative technology that enhances the lives of people with disabilities.

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These flexible, battery-operated strings of lights are bright, colorful, designed to prevent injuries, and are easily mountable on moving devices, such as:

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- ◆ Mopeds
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- ◆ Wheelchairs

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For more detailed information about the organization and its activities, or to contribute, please contact:

Help-Your-Self, inc.  
4819 Hutchins Place, NW  
Washington, DC 20007  
Phone: (202) 333-0262  
Fax: (309) 431-1265  
[info@help-your-self.com](mailto:info@help-your-self.com)

Erica Nash  
President and CEO

[www.Help-Your-Self.com](http://www.Help-Your-Self.com)  
[www.SafelyBright.com](http://www.SafelyBright.com)



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- ◆ Community integration
- ◆ Coping skills
- ◆ Grant reviews
- ◆ Independent living
- ◆ Peer counseling
- ◆ Personnel management
- ◆ Performance review of past, present, and future services
- ◆ Policy analysis
- ◆ Prevention of injuries
- ◆ Sensitivity training